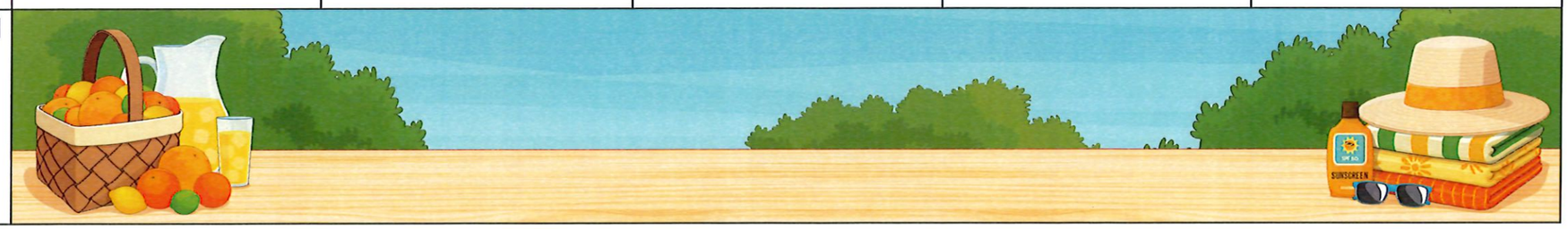
AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Short Stories 3:00pm Karaoke 4:00pm Rock and Reminisce 6:00pm Hangman 7:00pm Evening Movie 8:00pm Night Owl's Club
2 9:30am Word Games 10:00am Daily News 11:00am Church Service Streaming 1:00pm Afternoon Stretch 2:00pm Daily Devotionals 3:00pm Hymn Sing 4:00pm Rock and Reminisce 6:00pm Table Games 7:00pm Evening Movie 8:00pm Night Owl's Club	3 9:30am Word Games 10:00am Daily News 11:00am Meaningful Movement 1:00pm Give Me Strength Workout 2:00pm BINGO 3:00pm Music Makers 4:00pm Outdoor Relaxation 6:00pm Balloon Volleyball 7:00pm Evening Movie 8:00pm Night Owl's Club	4 9:30am Word Games 10:00am Daily News 11:00am Free Weight Flow Workout 1:00pm Arms and Posture Workout 2:00pm Creative Coloring 3:00pm Music Therapy 4:00pm Rock and Reminisce 6:00pm Board/Card Games 7:00pm Evening Movie 8:00pm Night Owl's Club	5 9:30am Word Games 10:00am Daily News 11:00am Let's Have a Ball Workout 1:00pm Fitness Flow Workout 2:00pm Bean Bag Toss 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Finish the Phrase 7:00pm Evening Movie 8:00pm Night Owl's Club	6 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Mini Golf and Foosball 3:00pm Finish the Lyrics 4:00pm Rock and Reminisce 6:00pm Keep It Up 7:00pm Evening Movie 8:00pm Night Owl's Club	7 9:30am Word Games 10:00am Daily News 11:00am Morning in Motion 1:00pm Banded Strength Workout 2:00pm Finish the Phrase 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Puzzles 7:00pm Evening Movie 8:00pm Night Owl's Club	8 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Short Stories 3:00pm Karaoke 4:00pm Rock and Reminisce 6:00pm Hangman 7:00pm Evening Movie 8:00pm Night Owl's Club
9 9:30am Word Games 10:00am Daily News 11:00am Church Service Streaming 1:00pm Afternoon Stretch 2:00pm Daily Devotionals 3:00pm Hymn Sing 4:00pm Rock and Reminisce 6:00pm Table Games 7:00pm Evening Movie 8:00pm Night Owl's Club	10 9:30am Word Games 10:00am Daily News 11:00am Meaningful Movement 1:00pm Give Me Strength Workout 2:00pm BINGO 3:00pm Music Makers 4:00pm Outdoor Relaxation 6:00pm Balloon Volleyball 7:00pm Evening Movie 8:00pm Night Owl's Club	11 9:30am Word Games 10:00am Daily News 11:00am Free Weight Flow Workout 1:00pm Arms and Posture Workout 2:00pm Creative Coloring 3:00pm Music Therapy 4:00pm Rock and Reminisce 6:00pm Board/Card Games 7:00pm Evening Movie 8:00pm Night Owl's Club	12 9:30am Word Games 10:00am Daily News 10:30am Kangaroo Visits (PC) 11:00am Let's Have a Ball Workout 1:00pm Fitness Flow Workout 2:00pm Bean Bag Toss 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Finish the Phrase 7:00pm Evening Movie 8:00pm Night Owl's Club	13 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Mini Golf and Foosball 3:00pm Finish the Lyrics 4:00pm Rock and Reminisce 6:00pm Keep It Up 7:00pm Evening Movie 8:00pm Night Owl's Club	14 9:30am Word Games 10:00am Daily News 11:00am Morning in Motion 1:00pm Banded Strength Workout 2:00pm Finish the Phrase 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Puzzles 7:00pm Evening Movie 8:00pm Night Owl's Club	15 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Short Stories 3:00pm Karaoke 4:00pm Rock and Reminisce 6:00pm Hangman 7:00pm Evening Movie 8:00pm Night Owl's Club
16 9:30am Word Games 10:00am Daily News 11:00am Church Service Streaming 1:00pm Afternoon Stretch 2:00pm Daily Devotionals 3:00pm Hymn Sing 4:00pm Rock and Reminisce 6:00pm Table Games 7:00pm Evening Movie 8:00pm Night Owl's Club	17 9:30am Word Games 10:00am Daily News 11:00am Meaningful Movement 1:00pm Give Me Strength Workout 2:00pm BINGO 3:00pm Music Makers 4:00pm Outdoor Relaxation 6:00pm Balloon Volleyball 7:00pm Evening Movie 8:00pm Night Owl's Club	18 9:30am Word Games 10:00am Daily News 11:00am Free Weight Flow Workout 1:00pm Arms and Posture Workout 2:00pm Creative Coloring 3:00pm Music Therapy 4:00pm Rock and Reminisce 6:00pm Board/Card Games 7:00pm Evening Movie 8:00pm Night Owl's Club	19 9:30am Word Games 10:00am Daily News 11:00am Let's Have a Ball Workout 1:00pm Fitness Flow Workout 2:00pm Bean Bag Toss 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Finish the Phrase 7:00pm Evening Movie 8:00pm Night Owl's Club	20 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Mini Golf and Foosball 3:00pm Finish the Lyrics 4:00pm Rock and Reminisce 6:00pm Keep It Up 7:00pm Evening Movie 8:00pm Night Owl's Club	21 9:30am Word Games 10:00am Daily News 11:00am Morning in Motion 1:00pm Banded Strength Workout 2:00pm Finish the Phrase 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Puzzles 7:00pm Evening Movie 8:00pm Night Owl's Club	22 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Short Stories 3:00pm Karaoke 4:00pm Rock and Reminisce 6:00pm Hangman 7:00pm Evening Movie 8:00pm Night Owl's Club
23 9:30am Word Games 10:00am Daily News 11:00am Church Service Streaming 1:00pm Afternoon Stretch 2:00pm Daily Devotionals 3:00pm Hymn Sing 4:00pm Rock and Reminisce 6:00pm Table Games 7:00pm Evening Movie 8:00pm Night Owl's Club	24 9:30am Word Games 10:00am Daily News 11:00am Meaningful Movement 1:00pm Give Me Strength Workout 2:00pm BINGO 3:00pm Music Makers 4:00pm Outdoor Relaxation 6:00pm Balloon Volleyball 7:00pm Evening Movie 8:00pm Night Owl's Club	25 9:30am Word Games 10:00am Daily News 11:00am Free Weight Flow Workout 1:00pm Arms and Posture Workout 2:00pm Creative Coloring 3:00pm Music Therapy 4:00pm Rock and Reminisce 6:00pm Board/Card Games 7:00pm Evening Movie 8:00pm Night Owl's Club	26 9:30am Word Games 10:00am Daily News 11:00am Let's Have a Ball Workout 1:00pm Fitness Flow Workout 2:00pm Bean Bag Toss 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Finish the Phrase 7:00pm Evening Movie 8:00pm Night Owl's Club	27 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Luau (PC) 3:00pm Finish the Lyrics 4:00pm Rock and Reminisce 6:00pm Keep It Up 7:00pm Evening Movie 8:00pm Night Owl's Club	28 9:30am Word Games 10:00am Daily News 11:00am Morning in Motion 1:00pm Banded Strength Workout 2:00pm Finish the Phrase 3:00pm Sing Along 4:00pm Outdoor Relaxation 6:00pm Puzzles 7:00pm Evening Movie 8:00pm Night Owl's Club	29 9:30am Word Games 10:00am Daily News 11:00am Exercise 1:00pm Afternoon Stretch 2:00pm Short Stories 3:00pm Karaoke 4:00pm Rock and Reminisce 6:00pm Hangman 7:00pm Evening Movie 8:00pm Night Owl's Club
30 9:30am Word Games 10:00am Daily News 11:00am Church Service Streaming 1:00pm Afternoon Stretch 2:00pm Daily Devotionals 3:00pm Hymn Sing 4:00pm Rock and Reminisce 6:00pm Table Games 7:00pm Evening Movie 8:00pm Night Owl's Club	31 9:30am Word Games 10:00am Daily News 11:00am Meaningful Movement 1:00pm Give Me Strength Workout 2:00pm BINGO 3:00pm Music Makers 4:00pm Outdoor Relaxation 6:00pm Balloon Volleyball 7:00pm Evening Movie 8:00pm Night Owl's Club					

ALL ACTIVITIES ARE SUBJECT TO CHANGE

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